



D2M Person Specification for Freelance Associates - 2020

We are looking to expand our “Dream team” in 2020 - could you be a part of it?

Are you an experienced, rehabilitation focused Physio who loves to use evidence based assessment and innovative functional restoration and pain management approaches to enable clients to return to their work, leisure and day to day activity and fulfil their potential after serious injury or illness?

We are looking for freelance associates across the UK to join our dream team to provide services on an “as needed” basis. Pay rates based on clinical time, report writing time, travel time and mileage.

You can find out more about us at www.designed2move.co.uk.

Essential:

- CSP and HCPC registered Physiotherapist, (full current UK registration to practice) (Other professionals such as BASRAT registered Rehabilitation Therapists will be considered if appropriate experience can be demonstrated).
- Minimum 3 years' experience post qualification.
- Confidence dealing with complex clinical cases with multiple injuries and / or co-morbidities, and challenging clients who may be under significant stress.
- Confident communication skills to work as part of a wider multidisciplinary team who may be involved in a case - such as case managers, occupational therapists, psychologists, solicitors, insurers.
- Must be fluent English speaker.
- Experienced in both working alone and in community domiciliary settings.
- Clean UK driving license and willing and able to travel at least 1 hr and up to 2 hrs to see a client at home, at their workplace, at a gym, in a local park.
- Good computer skills and report writing ability including excellent written English (support will be provided for reports).



Clinical skills we are looking for - we accept you may not have all of these, so suitable combinations will be considered:

- ✓ Evidence of broad clinical experience and then expertise in any of the following - MSKs, orthopaedics and trauma rehab, pain management, occupational rehabilitation and / or sports rehabilitation.
- ✓ Biopsychosocial assessment skills, identifying obstacles to recovery, with understanding of Cognitive Behavioural Approach & goal setting.
- ✓ Pain education expertise - such as Explain Pain, KnowPain - a working practical knowledge of pain management with an active approach to recovery.
- ✓ Excellent movement rehab skills - such as JEMS Movement (certified practitioners welcome!) and / or Cognitive Functional Therapy (Peter O'Sullivan et al) and using graded exposure to address fear avoidant behaviour and progressing clients to achieve their functional goals.
- ✓ Occupational rehabilitation experience:
 - Occupational Health experience with physically demanding work tasks & environments - return to work planning and rehab; including experience in residential rehab units such as military / police / fire service.
 - Preference will be given to those with ACPOHE registered membership / working towards registration.
 - Evidence of completion of courses in assessing function and fitness for work and occupational rehab / work hardening / functional restoration, workplace assessment.
- ✓ Specialist sports rehabilitation experience - If you have no OH experience, we would consider those with sports rehab experience of working with demanding rehab, and return to play management. Evidence of CPD in clinical reasoning for exercise rehabilitation and return to play would be required.
- ✓ A good understanding of the importance of physical activity and healthy lifestyles (importance of sleep, diet, stress etc) as part of recovery and ability to advise on these on a broad level.
- ✓ To be someone who walks the talk, has a positive, can do approach towards getting the best outcome for the client, can think out of the box, and can stand their ground when faced with challenging poly trauma and co-morbidity cases and stressed individuals.





If you don't yet meet these requirements but are interested in what we do, please get in touch anyway so we have your details on file.

Non-clinical considerations that are important to us:

- ✓ Ability to complete reports within 7 days of assessments.
- ✓ Availability for one half day per week for several months at a time when they have an active case.
- ✓ Participation in regular clinical supervision when they have an active case.
- ✓ Participation in team CPD and D2M Growth pathway (learning programme) is a requirement for meeting company standards and progression along the pathway.

PLEASE NOTE: we are unable to guarantee the number of cases you will receive - referral rates vary across geographical regions and cases are offered based on associate availability and suitability of skills for the case.

What to do next:

To apply please send a copy of your CV to Heather Watson via info@designed2move.co.uk, alongside a brief covering letter to explain why you are interested in joining our team, and how your experiences would meet our specification. We will then be in touch soon to let you know if we would like to speak to you further.

